

Things to go over with guards on their first shifts:

- o Do you have whistle (know how to use? Practice on safety breaks!), hip pack (CPR mask assembled? gloves, sunscreen or Band-Aids), whistle, sunscreen, water, hat, eaten? Need a snack?
- o General tour: AED!! & trauma kit, daily procedure sheets/incident reports, micro & fridge, lockers, buoy, splash pad controls, employee sunscreen, snacks and water, know how to find MOD on WIW?
- o Know what is in the first aid kit? The bigger CJ board goes *under* the guard stand at the lap pool
- o What their break schedule and rotations will look like this shift
- o Turn on volume high, channel 5, hold down the button, wait, then use
 - Communicate to other pool and managers often! (“solo child headed your way” “I need an extra 10/ water”
 - Emphasize: We are here to support – “Can a manager come to the pool”
- o StarGuard standards: How to 3D scan, proper rotations, remember to move every 5 minutes!
- o Rules for swim lessons: Sit on second step with face out of water, hand on wall, heads up on platform, use your teammates! Everyone is CPR certified, can have swim coaches jump in much quicker than lesson guard can run over to deep end
- o Difference between Puddle Jumper and Water Wings: Coast Guard approved only allowed, no inflatables, no mermaid tails, no toys used as flotation devices
- o How to have that conversation with parents: “false sense of security” – deflate or lose grip, block view of other swimmers, not keep their head out of water
- o Safety Breaks: Top of the hour, 10 minutes, hot tub included, everyone under 14
 - Everyone should be fully out of the water, no feet in; keep watching water!
- o Cannot be in the hot tub under 14 without an adult directly supervising
- o Children should be attended by a parent at always; look out for unattended kids coming into the rec pool without supervision- especially from the splash pad
- o Lap swimmers have priority in lap pool, but can share with swimmers who want to use deep end, can also share the half lane closest to the guard stand, when not in peak swim lesson time
- o What to do for a minor first aid injury: walkie a manager to watch water so you can attend
- o If kids aren’t listening: whistle, have them sit out, have their grab their guardian
- o It is **your** pool, you are responsible if anyone gets hurt; if it makes you uncomfortable, it’s a **no**
- o How to use + clean the robotic vacuum & do pool tarps (seasonal)
- o Do they have a photo in OneTeam360? Familiar with note types and points?
- o Do they have any questions about Premier current events & tasks?