



## GENERAL SWIMMING POOL RULES AND REGULATIONS RELEASE OF LIABILITY

*Please be advised these rules and regulations outlined below and posted at Liberty Military Housing (LMH) Swimming Pool Complexes are subjected to change without notice: if management deems necessary to safeguard residents and services provided. Additionally, LMH reserves refusal of admittance or requests of residents who fail to comply with the below rules or regulations.*

*NOTE: in partnership with our governing body, Head Quarters Marine Corps (HQMC), these rules and regulations are in accordance with our contractual agreement and unique to Marine Corps installations.*

1. Resident(s) will be allowed admittance to LMH housing community pools while the facilities are officially open and a lifeguard is on duty.
2. LPC Pendleton Quantico PM LP and Camp Pendleton & Quantico Housing, LLC assume no liability for injuries or damages arising or resulting from use of the swimming pool complex unless due to the willful misconduct or gross negligence on the part of such parties. Due to the strenuous nature of some pool-related activities, the participant is advised to consult his/her physician concerning fitness to participate. All pool-related activities present certain inherent risks and hazards which the participant assumes.
3. All patrons are required to show their military ID card (or Government issued ID for Civilian / Non-QMT residents) to the lifeguard and each patron will be required to sign in on the log to enter the facility - No Exceptions.
4. Patrons shall observe all rules and regulations posted throughout the swimming pool complex and rules and requests made by lifesaving personnel or Liberty Military Housing management team members. Pool rules are subject to change without notice to residents at the discretion of Liberty Military Housing management and all lifesaving personnel.
5. All clothing must be respectful of other guests and in compliance with LMH requirements. The current Swim Attire Requirements for patrons of all pools operated by LMH are as follows:
  - a. All persons on the pool deck and/or swimming in the pool must have on proper swim attire.
  - b. Double swim diapers and proper swim wear are required for all children who are not toilet-trained: no exceptions. Complexes cannot provide swim diapers.
  - c. Clean cotton t-shirts and sarongs are allowed on the pool deck, however patrons must have on proper swim attire underneath.
  - d. The following attire is not allowed at LMH operated pools:
    - i. "Street clothes", Brazil/French-cut, thong style and/or revealing swim wear, cut-off jeans, jeans, skirts, shorts, sport bras, leotards, leggings, dri-fit wear, compression shorts and compression shirts are prohibited.
    - ii. Underwear and undergarments are not allowed to be worn under swimsuits.
    - iii. Clothing containing or displaying images or text related to profanity, hate-speech,

violence, sex, drugs or any other inappropriate images or text are prohibited.

- e. These requirements will be enforced for both the safety and enjoyment of our valued patrons. Any requests for an exception to the LMH Swim Attire Requirements outlined herein must be made in advance to LMH staff who may grant such exceptions to policy in their sole and absolute discretion. If it is found that you are not wearing swim attire that meets the LMH Swim Attire Requirements outlined herein, you will be asked to change into proper attire or to exit the facility.
6. No children will be allowed in the swimming pool complex without adult supervision (18 years or older). Children under the age of 14 and non-swimmers (regardless of age) shall not be permitted to use the swimming pool unless accompanied by a responsible adult age 18 or older in a bathing suit. **Parents or guardians are responsible for their children and should not permit them to enter the swimming pool area regardless of age if they are not competent swimmers. Children under the age of 6 or non-swimmers (regardless of age) must have a responsible adult age 18 or older in the water with them and within an arm's length unless the child is wearing a US Coast Guard Life Jacket.** Swim complexes cannot provide US Coast Guard life jackets.
7. The lifeguard on duty will call periodic safety breaks from the swimming pool. A lifeguard's safety break will not begin until all bathers have exited the swimming pool. Bathers may not re-enter the swimming pool until the lifeguard has returned to the guard station and has blown the whistle to indicate that bathers may resume swim activities. **Anyone found near the pool edge or in the swimming pool during a lifeguard's safety break may require to leave the pool area. All patrons must leave the pool area during the lifeguard lunch break if no other lifeguard is present.**
8. Running, diving, flipping into the pool or rough play in the swimming pool complex, dunking, rough play, breath holding, or sitting/standing on shoulders **is strictly prohibited.** Swimmers can jump into the pool facing the pool. Any person within the swimming pool complex that behaves in such a manner as to jeopardize the safety and health of himself/herself or others, or uses abusive or profane language, shall be subject to expulsion from the swimming pool complex.
9. Any person under (or suspected of being under) the influence of alcohol or drugs will not be permitted in the swimming pool complex.
10. Consumption of food and/or beverages is permitted only at the tables situated away from the swimming pool. All waste papers must be deposited in designated receptacles.
11. No tobacco products (smoke or smokeless), glass containers or alcoholic beverages are permitted in the swimming pool complex. No vaping products of any kind are permitted on the pool deck. All smoking or smokeless products must be used a minimum of fifty (50) feet away from any pool entrance or pool gate.
12. Animals, apart from service animals with government documentation, are **strictly prohibited** from the swimming pool complexes.
13. Swimming pool complexes is for the exclusive use of LMH housing residents. Guests of an LMH Housing resident will be required to fully fill out a guest pass prior to entering the swimming pool.
14. Management is not responsible for stolen or lost articles. Any items left unattended will be



removed by Management.

15. Anyone found defacing or damaging any part of the swimming pool complexes, including all adjoining areas, is subject to disciplinary action and will be held financially responsible. Removal of the pool furniture or rescue equipment will be considered theft.
  16. Pool umbrellas are not to be moved from the position they are in.
  17. No glass, alcohol, smoking or vaping.
  18. No playing on stair handrails.
- 
19. Balls and other pool toys are allowed, if they are not being used as flotation devices. However, if there is a threat of injury, the lifeguard will stop the activity.

**EMERGENCIES:**

**In case of an emergency dial 911**

RELEASE OF LIABILITY: In consideration for being permitted by LPC Pendleton Quantico PM LP and Camp Pendleton & Quantico Housing, LLC to use the Swimming Pool Complex, I hereby waive, release and discharge any and all damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of use of the Swimming Pool Complex. This release is intended to discharge, in advance, LPC Pendleton