

Equipment Locations:

Emergency Phone: Inside Lifeguard Shack

First Aid Kit: On the table next to the Lifeguard Stand

AED: N/A

Backboard: Inside the pool area leaning against fence

Water Rescue

1. One (1) Long Whistle Blow to indicate a Lifeguard is entering the water
2. Clear the pool
3. Perform Appropriate Entry and Rescue
 - a. Select bystanders to summon and wait for EMS, bring a backboard, bring the AED and First Aid Kit, etc., if needed
4. Assist person to safety
5. Provide required care (First Aid, CPR, etc.)
6. Complete Incident Report
7. Notify Manager on Duty
8. Assess equipment used and replace needed items

Spinal Rescue

1. One (1) Long Whistle Blow to indicate a Lifeguard is entering the water
2. Clear the pool
3. Perform Appropriate Entry and Rescue
4. Appoint a bystander to summon EMS
5. Inform other Lifeguards (if available) that a Backboard is needed
 - a. If no other Premier Lifeguards are available and the person is still breathing, you must maintain in-line stabilization until EMS arrives.
 - b. If another Premier Lifeguard is available, secure person on the Backboard properly and remove the person from the water.
 - c. If the person is not breathing, use a single rescuer extraction to remove the person from the water, perform a primary assessment, and provide necessary care.
6. Select a bystander to bring the First Aid Kit and AED, continue giving care if needed.
7. Complete Incident Report
8. Notify Manager on Duty
9. Assess equipment used and replace needed items
10. Re-open facility if it is safe to do so

Submerged Person

1. One (1) Long Whistle Blow to indicate a Lifeguard is entering the water
2. Clear the pool
3. Perform appropriate Entry and Rescue
4. Select a bystander to summon and wait EMS
5. Select a bystander to bring the First Aid Kit and AED
6. Using a single rescuer extraction, remove person from the water if you are able to, and provide appropriate care.
 - a. If you are unable to perform a single rescuer extraction and the person is breathing, wait for EMS to arrive to remove the person from the water.
 - b. If person is not breathing, give ventilations in water.
7. Complete an Incident Report
8. Notify Manager on Duty
9. Assess equipment used and replace needed items
10. Re-open facility if it is safe to do so

Land Emergency

(i.e. Cardiac Arrest, Breathing Emergencies, Stroke, Seizures, Diabetic Emergencies, etc.)

1. One (1) Long Whistle Blow to indicate an Emergency
2. Clear the pool
3. Select a bystander to summon and wait for EMS, if necessary
4. Select a bystander to bring the First Aid Kit and AED
5. Clear the area
6. Provide appropriate care (i.e. CPR, Rescue Breathing, etc.) until EMS arrives
7. Complete an Incident Report
8. Notify the Manager on Duty
9. Assess equipment used and replace needed items
10. Re-open facility if it is safe to do so

Evacuations

(i.e. Fire, Severe Chemical Spill, etc.)

1. One (1) Long Whistle Blow to indicate an Emergency
2. Clear the pool and bathrooms
3. Inform all patrons that they need to move to the evacuation point
 - a. The evacuation point is located in the parking lot
4. Bring First Aid Kit and Lifeguard Binder with you
5. Take a count of patrons and contact information. Do not let anyone leave until you account for them.

Inclement Weather

1. Thunder or Lightning
 - a. At the first sound of thunder or the first sighting of lightning, clear everyone from the water for 30 minutes. The time restarts with each sound of thunder or sighting of lightning.
 - b. Close the facility and let patrons know that the time of reopening depends on the status of the weather.
2. Rain
 - a. Always assume the pool is open unless you hear otherwise from your manager or the Premier Office Staff.
 - b. If the rain is heavy enough to impair visibility of the bottom of the pool, contact your manager for authorization to close.
3. High Winds
 - a. If the winds are picking up, please be on alert for it to change quickly.
 - b. If you see furniture movement or can no longer see the bottom of the pool, clear the pool then call your manager. Your manager can give you further directions on allowing guests to stay or provide an estimation of when safe swimming will resume.
 - c. If the winds change abruptly and the deck conditions become unsafe due to debris, heavy sand, and/or furniture movement, clear the pool and call your manager.

Code Brown/Orange (Fecal/Vomit Contamination)

1. Clear all patrons from the pool
2. Notify Manager on Duty
 - a. Manager on Duty will notify the appropriate individuals
3. If possible, remove debris and dispose of properly

Missing Child

1. Get an accurate description of the child and where the parent last saw them
2. Make sure that no one can exit the facility
3. Clear pool of patrons and move them to one area of the deck
 - a. Once patrons are in a specific area, make sure no one leaves
 - b. Check the bottom of the pool
4. Check all locker rooms/bathrooms/other rooms that can be accessed by patrons
5. If child cannot be located, call 911

Active Shooter

1. If possible, get away from the facility/shooter.

- a. Alert patrons to the issue without causing panic
2. If it is not possible to run, hide in a location and barricade the door
 - a. Turn off lights
 - b. Make sure phones are on silent
 - c. Stay out of view
 - d. Bring as many patrons as possible
 - e. Alert authorities
3. As a last resort, fight
4. Remember that First Officers will not stop aiding any injured parties as their main priority is to end the incident as soon as possible.
5. If First Officers enter the place you are hiding, do not make any sudden movements and make sure the Officers know you are not the threat.

Earthquake

1. Clear the pool.
2. Shelter in place and give directions to the guests to shelter in place. Running around can cause further injury.
3. After the shaking has subsided, instruct the guests that we will be closed for 30 minutes at least. This window will give the earth time for aftershocks, and will allow us to assess the pool, deck, and pool mechanisms.
 - a. Ensure no guests are injured, including yourself!
 - b. The manager will communicate with Regional Manager and Premier Pool maintenance to assess safe reopening.
4. Check all locker rooms/bathrooms/other rooms that can be accessed by patrons and ensure nobody was injured.