

Equipment Locations:

Emergency Phone: In the red box on the wall

First Aid Kit: On the table next to the Lifeguard Stand

Water Rescue

1. One (1) Long Whistle Blow to indicate a Lifeguard is entering the water
 - a. Additional Lifeguards should cover the zone
 - b. Two (2) Long Whistle Blows to indicate a Lifeguard needs assistance (if necessary)
2. Additional Lifeguards should clear the pool (if necessary)
3. Perform Appropriate Entry and Rescue
 - a. Additional Lifeguards and staff members are required to respond by summoning and waiting for EMS, bringing the backboard, bringing the AED and First Aid Kit as needed
 - b. Should other staff members not hear your initial whistle blows, keeping blowing three (2) long whistles blasts
 - c. Bystanders can be used to assist in crowd control, waiting for EMS, or bringing the First Aid Kit and AED
4. Assist person to safety
5. Provide required care (First Aid, CPR, etc.)
6. Complete Incident Report
7. Notify Manager on Duty, if not present, and SAMLARC Office Staff
8. Assess equipment used and replace needed items

Spinal Rescue

1. One (1) Long Whistle Blow to indicate a Lifeguard is entering the water
 - a. Once it is determined the person has a spinal injury, two (2) Long Whistle Blows to indicate a Lifeguard needs assistance
2. Clear the pool
 - a. Additional Lifeguards and staff members are required to clear the pool and participate in crowd control
3. Perform Appropriate Entry and Rescue
4. Appoint a bystander to summon EMS
5. Inform other Lifeguards (if available) that a Backboard is needed if the person cannot self-extricate
 - a. If another Premier Lifeguard is available, secure person on the Backboard properly and remove the person from the water
 - b. If no other Premier Lifeguards are available and the person is still breathing, you must maintain in-line stabilization until EMS arrives
 - c. If the person is not breathing, extricate the person from the water, perform a primary assessment, and provide necessary care
6. Additional Staff must bring the First Aid Kit and AED and assist with giving care as needed.
 - a. Bystanders can be used to assist in crowd control, waiting for EMS, or bringing the First Aid Kit and AED
7. Complete Incident Report
8. Notify Manager on Duty, if not present, and SAMLARC Office Staff
9. Assess equipment used and replace needed items
10. Re-open facility if it is safe to do so

Land Emergency

(i.e. Cardiac Arrest, Breathing Emergencies, Stroke, Seizures, Diabetic Emergencies, etc.)

1. One (1) Long Whistle Blow to indicate an Emergency
2. Clear the pool (if necessary) and the area
 - a. Additional Lifeguards and staff members are required to clear the pool, take over zone coverage, and participate in crowd control
 - b. The water should be cleared and patrons moved to a singular location if the emergency requires all staff on duty
3. Additional Staff must summon EMS and bring the First Aid Kit and AED and assist with giving care as needed.
4. Provide appropriate care (i.e. CPR, Rescue Breathing, etc.) until EMS arrives
5. Complete an Incident Report
6. Notify the Manager on Duty, if not present, and SAMLARC Office Staff
7. Assess equipment used and replace needed items
8. Re-open facility if it is safe to do so

Evacuations

(i.e. Fire, Severe Chemical Spill, etc.)

1. One (1) Long Whistle Blow to indicate an Emergency
2. Clear the pool and locker rooms
3. Inform all patrons that they need to move to the evacuation point
 - a. The evacuation point is the parking lot
 - b. Driveway and roundabout must remain clear of patrons and non-emergency vehicles
4. Bring First Aid Kit and Lifeguard Gear Box with you
5. Take a count of patrons and contact information. Do not let anyone leave until you account for them

Inclement Weather

1. Thunder or Lightning
 - a. At the first sound of thunder or the first sighting of lightning, clear everyone from the water for 30 minutes. The time restarts with each sound of thunder or sighting of lightning.
2. Rain
 - a. Always assume the pool is open unless you hear otherwise from your manager or the Premier Office Staff.
 - b. If the rain is heavy enough to impair visibility of the bottom of the pool, contact your manager for authorization to close.

Code Brown/Orange

1. Clear all patrons from the pool
2. Notify Manager on Duty
 - a. Manager on Duty will notify the appropriate individuals
3. If possible, remove debris and dispose of properly

Missing Child

1. Get an accurate description of the child and where the parent last saw them
2. Make sure that no one can exit the facility
 - a. Clear pool of patrons and move them to a section of picnic tables
 - b. Check the bottom of the pool
3. Check all locker rooms/bathrooms/other rooms that can be accessed by patrons
4. If child cannot be located, call 911

Active Shooter

1. If possible, get away from the facility/shooter.
 - a. Alert patrons to the issue without causing panic.
2. If it is not possible to run, hide in a location and barricade the door.
 - a. Turn off lights
 - b. Make sure phones are on silent
 - c. Stay out of view
 - d. Bring as many patrons as possible
 - e. Alert authorities
3. As a last resort, fight
4. Remember that First Officers will not stop to aid any injured parties as their main priority is to end the incident as soon as possible.
5. If First Officers enter the place you are hiding, do not make any sudden movements and make sure the Officers know you are not the threat.