

# **EMERGENCY ACTION PLAN**

## **Highland Pool**

6172 W. Lake Ave, South Jordan, UT 84009

### ***Equipment Locations***

Emergency Phone: In the guard office next the the microwave

First Aid Kit: In the guard office to the left of the door

AED: In the guard office on the wall to the right of the door

Backboard: Propped against the guard office wall on the pool deck

### **Water Rescue:**

1. Two short whistles to indicate a Lifeguard is entering the water
2. Clear the pool (short, short, long whistle)
3. Perform an appropriate entry and rescue
  - a. Whistle 5 short whistles to indicate that a fellow lifeguard needs to summon and wait for EMS, bring a backboard, bring the AED and first aid kit, ect... If needed appoint a bystander to do all of the above
  - b. If guest is unresponsive place them on the tube and give 5 in-water ventilations, then start rescue breathing on the way to pool edge for extraction
4. Assist guest to safety
5. Provide required care (First Aid, Rescue Breathing, CPR, etc.)
6. Complete an Incident Report
7. Notify Loop Manager on duty
8. If EMS was called Daybreak security must also be notified
9. Assess equipment used and replace as needed.
10. Re-open facility if it is safe to do so

### **Spinal Rescue**

1. Two short whistles to indicate a Lifeguard is entering the water
2. Clear the pool (short, short, long whistle)

3. Perform appropriate entry and rescue
4. Appoint a fellow lifeguard or a bystander to summon EMS and wait
5. Inform other Lifeguards that a Backboard is needed
  - a. If no other Premier Lifeguards are available and the guest is still breathing, you must maintain in-line stabilization until EMS arrives.
  - b. If another Premier Lifeguard is available, secure the guest on the Backboard properly and remove the guest from the water.
  - c. If the guest is not breathing, use a quick extraction to remove the guest from the water, perform a primary assessment, and provide necessary care.
6. Select a fellow lifeguard or bystander to bring the First Aid Kit and AED, continue giving care if needed.
7. Complete an Incident report
8. Notify the Loop Manager on Duty
9. If EMS was called Daybreak security must also be notified
10. Assess equipment used and replace as needed.
11. Re-open facility if it is safe to do so

### **Submerged Victim**

1. Two short whistles to indicate a Lifeguard is entering the water
2. Clear the pool (short, short, long whistle)
3. Perform appropriate entry and rescue
  - a. Whistle 5 short whistles to indicate that a fellow lifeguard needs to summon and wait for EMS, bring a backboard, bring the AED and first aid kit, ect... If needed appoint a bystander to do all of the above
4. Once guest is on the tube give 5 in-water ventilations, then start rescue breathing on the way to pool edge
5. Use a quick extraction to remove the guest from the water and provide the appropriate care.
  - a. If you are unable to perform a single rescuer extraction and the guest is breathing, wait for EMS to arrive to remove the guest from the water.

- b. If the guest is not breathing, give ventilations in water.
6. Complete an Incident report
7. Notify the Loop Manager on Duty
8. If EMS was called Daybreak security must also be notified
9. Assess equipment used and replace as needed.
10. Re-open facility if it is safe to do so

### **Land Emergency**

(Cardiac Arrest, Breathing Emergencies, Stroke, Seizures, Diabetic Emergencies, etc.)

1. Two short whistles to indicate an Emergency
2. Clear the pool (short, short, long whistle)
3. Whistle 5 short whistles to indicate that a fellow lifeguard needs to summon and wait for EMS, bring a backboard, bring the AED and first aid kit, ect... If needed appoint a bystander to do all of the above
4. Clear the area
5. Provide appropriate care (i.e. CPR, Rescue Breathing, etc.) until EMS arrives
6. Complete an Incident report
7. Notify the Loop Manager on Duty
8. If EMS was called Daybreak security must also be notified
9. Assess equipment used and replace as needed.
10. Re-open facility if it is safe to do so

### **Evacuations**

(i.e. Fire, Severe Chemical Spill, etc.)

1. Short, Short, Long Whistle Blow to indicate an Emergency, Clear the pool and locker rooms
2. Inform all patrons that they need to move to the evacuation point
  - a. The evacuation point is located in the cafe next door
3. Bring First Aid Kit and Lifeguard Binder with you
4. Take a count of patrons and contact information. Do not let anyone leave until you account for them.

## **Inclement Weather**

1. Thunder or Lightning
  - a. At the first sound of thunder or the first sighting of lightning, clear everyone from the water using a shot, short, long whistle
  - b. Patrons must leave property for 30 minutes. The time restarts with each sound of thunder or sighting of lightning
2. Rain
  - a. Always assume the pool is open unless you hear otherwise from your manager or the Premier Office Staff
  - b. If the rain is heavy enough to impair visibility of the bottom of the pool, contact your manager for authorization to close.