

Rec Swim

Pool	Dispatch
12:45	1:00
1:05	1:30*
1:25	2:00
1:45	2:30*
2:05	3:00
2:25	3:30
2:45	
3:05	
3:25	
3:45	

Friday Night Rec Swim

Pool	Dispatch
6:15	6:30
6:35	7:00*
6:55	7:30
7:15	8:00*
7:35	
7:55	

Morning Swim Lessons

9:30
10:00
10:30
11:00
11:30

Evening Swim Lessons

6:00
6:30
7:00

Down Guard Responsibilities

Break – 10 minutes

Write down on Daily Procedure Sheet what time you took your break

Clean Locker Room – 5 minutes

Restock: Paper Towels, Toilet Paper, & Soap

Clean up Garbage

Start Rotation – 5 minutes